

# 多邻国听写句子训练资料

用于听写、跟读和复述训练。资料已经按练习流程重新整理，适合学生先自测，再把错词和卡顿点带给老师复盘。

适用：听写 / 跟读 / 复述

形式：125 句编号练习

建议：每次 15-20 句

整理说明：保留原有有效句子，统一版式和训练方法，并补充错题复盘表；练习时可以遮住文本，只保留编号做听写核对。

## 一、建议练习顺序

01

### 第一遍只听

先完整听一遍，不暂停，不急着手写，先判断句子大意、时态和核心名词。

02

### 第二遍听写

逐句暂停写下来，拼不准的词先空着，不要为了一个词打断整体节奏太久。

03

### 对照纠错

用红笔标出冠词、单复数、过去式、介词和大小写错误，把错误因写在旁边。

04

### 跟读复述

最后跟读两遍，尽量模仿停顿和重音，再用自己的话复述句子意思。

## 二、重点检查项

### SPELLING

#### 拼写与大小写

注意专有名词、复合词、双写辅音、词尾 e 和 y 的变化。

### GRAMMAR

#### 语法细节

重点看冠词、可数名词复数、第三人称单数、过去式和被动语态。

### MEANING

#### 句意理解

不要只抄声音，听完后确认主语、动作、对象和因果关系是否合理。

### FLUENCY

#### 跟读节奏

把长句按意群切开，练习自然停顿，避免一个词一个词往外蹦。

### 三、听写句子清单

练习建议：每次选 15-20 句，完成后只整理 3 类错误：听不出来的词、听错的语法、知道意思但拼错的词。这样复盘效率会高很多。

- 01 Park officials say they see an increase in visitors compared to last year.
- 02 The spacesuit protects the astronaut from the dangers of being outside in space.
- 03 Each employee had their own unique needs for computer software.
- 04 You'll feel really prepared after the review session.
- 05 He thanked the crew members after the flight.
- 06 Stir the mixture thoroughly and then roll it into a large ball.
- 07 Businesses are constantly developing new ways of advertising to customers.
- 08 Special paints were applied at the repair shop to prevent rust and protect the vehicle from the elements.
- 09 Protecting natural resources is part of what is called conservation.
- 10 My younger sister is a body model.
- 11 The audience enjoyed the presentation, giving the speaker a standing ovation at the end.
- 12 With determination and resourcefulness, they managed to establish a small but thriving settlement.
- 13 The new video game featured updated graphics that made it more realistic than previous versions.
- 14 Their performance was unlike anything the judges had ever seen before.

15 After disagreeing about how to spend the afternoon, the friends reached a compromise.

16 They were thrilled and worked diligently to prepare for the event.

17 The floorboards in the hall creaked.

18 It will give them an opportunity to learn at their own pace.

19 Their report on the history of inventions includes things like tools, machinery, and buildings.

20 Administrators can control which devices are connected to the wireless network.

21 Early computers were far too large for people to have them in their homes.

22 Mutual funds give small investors an easy way to invest in many stocks at once.

23 We enjoy studying together because she also loves chemistry.

24 Researchers demonstrated that listening to upbeat music can have positive effects on a person's mood.

25 Metals have different structures, which can be joined by various methods.

26 The vending machine is a machine that dispenses snacks or drinks.

27 The cellphone charging cables became a tangled mass.

28 They were very talented at fixing things, despite not having any formal training.

29 The hotel staff worked hard to accommodate their guests.

30 We design these outdoor spaces for recreational activities such as jogging and tennis.

31 I'd like to go somewhere that's bigger and has more of a traditional college feel.

32 The potential applications for this technology are astonishing.

33 There are active green spaces in this town.

34 However, many mutations are neutral and don't have an obvious effect on the organism.

35 One option is to set up a savings account at your bank.

36 They loved listening to his stories, especially the ones about his childhood.

37 Despite their different views, they worked harmoniously to piece together the equipment.

38 He only bought food that was free of preservatives and artificial flavors.

39 Luckily, a park manager passing through the area was able to give us directions.

40 Well, it depends on what area you're interested in specializing in.

41 According to their experience, modern training models were not effective.

42 Imports of this product tripled over the last decade.

43 The technology behind traditional phone lines is still widely used today.

44 The retired business person had a really great eye for talent.

45 Could you fill up the ice cube tray and put it in the freezer?

46 The employee was rewarded for her expertise and hard work with a promotion.

47 The human voice is produced by the larynx.

48 Their pencils needed to be sharpened.

49 It became a kind of unspoken tradition between them.

50 I believe a detailed analysis of this information would be particularly beneficial.

51 The study showed that guardrails greatly reduce the chance of accidents.

52 Though commonly used in cleaning products, ammonia is caustic.

53 The fact that television frequently limits communication within families is already well known.

54 Storytelling can be an important part of cultural preservation.

55 I am curious which books are read most frequently by students at my school.

56 The event will raise awareness about all the new affordable housing in our area.

57 Doing stretching exercises has really helped me to become more flexible.

58 The product is crispy and flavorful without the need for a deep fryer.

59 Under the shallow waters, you will find golden colored sand and banks of red coral.

60 They built a self-sufficient community.

61 The town's citizens will decide this issue on election day.

62 She saw the new job as both an opportunity and a responsibility.

63 The bedroom door handle is broken.

64 Public seminars help educate people about community resources.

65 You can grow crystals just by pouring vinegar on a specific type of rock.

66 The story in the series is quite intriguing.

67 Many people perceive the language they speak as an important part of their personality.

68 Dogs can use smell to detect the emotional state of humans.

69 The teachers both shared an interest in promoting cultural understanding in educational settings.

70 Choose whichever coat you like best, because it makes no difference to me.

71 The financial adviser shared some tips on building a successful business.

72 Although their work seemed similar, their artistic styles developed independently.

73 Bananas have a very different texture than any other fruit I'm used to eating.

74 Many professional athletes exercise regularly.

75 In the context of education, collaboration can greatly enhance the learning experience.

76 He gushed about the play and especially the actors' performances.

77 He loved the neighborhood and dreamed of living in that house.

78 The leader's selfless gesture convinced many of her critics that they had misjudged her.

79 From there, the signal is processed and a motor response is generated without conscious thought.

- 80 His family and friends know that he has been training for this event for many months.
- 81 Various factors can influence the behavior and properties of a given substance.
- 82 Three model airplanes were suspended above our heads, as if they were in flight.
- 83 For example, imagine a forest filled with rabbits and foxes.
- 84 My friend had always been a good dancer.
- 85 Using a computer to see what books the library has available is convenient.
- 86 The original pool of money was funded by a tax paid by employees and their employers.
- 87 We need to ask the professor about when we need to complete the assignment.
- 88 The answer to this question is so unexpected that you would probably never guess it.
- 89 The infant was adopted and raised by a couple who live just outside of town.
- 90 Community spaces can encourage innovation and creativity.
- 91 These are the names of people I'd like to interview.
- 92 They face challenges in adapting to the unknown environment.
- 93 The old Italian oil paintings had never been exhibited in public.
- 94 The athletes ran around the field to warm up before the big game.
- 95 The clock worked perfectly.
- 96 When the audio signal is quiet, the height of the wave decreases.

97 The path of light traveling through space bends due to gravity.

98 I've done some background research on the organization and its strengths.

99 The professor gave a more detailed explanation.

100 Put the coat on the hanger.

101 Make sure you're knowledgeable about their research and be ready to discuss it.

102 Magicians use visual tricks to amaze the viewers.

103 They decided to form a team and tackle the challenge together.

104 In human society, a critical factor that influences behavior is moral or ethical reasoning.

105 Their journey had taken a new direction and the world was their oyster.

106 He hung up and called back.

107 Massage therapy can be used for rehabilitation purposes and for health maintenance.

108 The scenery was breathtaking.

109 We carefully perused the menu.

110 My smile broadened as they opened the door.

111 It is often cited as one of the earliest examples of literature.

112 She ran to greet her friend at the airport after the long trip.

113 Telephone lines are a key part of efficient communication systems.

114 I told them it was a mistake.

115 They worked tirelessly on the project, earning the respect of their coworkers.

116 Many people want to achieve happiness.

117 Their store offers a wide variety of different products.

118 Many graduate programs offer flexible study options accommodating both regular students and working professionals.

119 They've been working on this project for years.

120 The tongue helps form the sounds of speech.

121 The formal dresses may have several pieces.

122 I had my brother repair my bicycle.

123 They entered the desert, where the temperatures run high and there is very little moisture.

124 The detective proved the suspects' innocence after confirming the validity of their story.

125 It was an incredible triumph for a team of such humble beginnings.

## 四、错题复盘表

错误类型	例子	下次处理方式
拼写错误	把听错或拼错的词写下来。	整理成 10 个一组，第二天重新听写。
语法漏听	冠词、复数、过去式、介词。	复听时只盯句尾和虚词，不只听重读词。
长句断句	主句、从句、插入信息没有分清。	按意群画斜线，再跟读两遍。

