

多邻国口语练习题与复盘表

按照图片描述、读题回答、听题回答和 Speaking Sample 四类题型整理。学生可以直接按题号录音，再根据复盘表检查问题。

适用：口语全题型练习

形式：40 道真题风格题

建议：每天 8-10 题

整理说明：原有零散口语题材已经重新整理为分题型练习包，并加入每题练习重点，方便学生自测后带着问题找老师复盘。

一、建议练习方式

01

限时准备

准备时间只写 3 个关键词：观点、理由、例子。不要写完整句子。

02

完整录音

每题录一次完整答案，尽量不中断。卡住时用简单句继续说。

03

听回放

只检查三件事：是否跑题、停顿是否过多、是否有明显语法错误。

04

重录一次

根据问题重录，不追求背稿，目标是让结构更清楚、表达更自然。

二、图片描述题型

01 · Describe the Image

Describe a picture of several students studying together in a library.

追问：Focus on the setting, what the students are doing, and the atmosphere.

02 · Describe the Image

Describe a picture of a person working on a laptop in a quiet cafe.

追问：Mention the place, objects on the table, and why the person may be there.

03 · Describe the Image

Describe a picture of people waiting for a train at a busy station.

追问: Include movement, background details, and possible feelings.

04 · Describe the Image

Describe a picture of a teacher explaining something on a whiteboard.

追问: Mention the classroom, the teacher, the students, and the learning activity.

05 · Describe the Image

Describe a picture of a family walking in a park on a sunny day.

追问: Talk about the weather, activities, and the mood.

06 · Describe the Image

Describe a picture of a volunteer helping at a community event.

追问: Explain what the volunteer is doing and why it may be meaningful.

07 · Describe the Image

Describe a picture of a small shop with many products on display.

追问: Mention the shop layout, items, and possible customers.

08 · Describe the Image

Describe a picture of a person preparing food in a kitchen.

追问: Talk about the action, tools, ingredients, and possible occasion.

09 · Describe the Image

Describe a picture of a group of people discussing a project.

追问: Include teamwork, expressions, and the purpose of the meeting.

10 · Describe the Image

Describe a picture of a city street after heavy rain.

追问: Mention the road, people, reflections, and general atmosphere.

三、读题 / 听题后回答

01 · Read, Then Speak

Do you prefer studying alone or studying with other people? Explain your answer with reasons and examples.

追问: Use one personal example and one practical reason.

02 · Read, Then Speak

What is one skill that students should learn before entering university?

追问: Explain why the skill is useful and how students can practice it.

03 · Read, Then Speak

Some people think online classes are more convenient than in-person classes. Do you agree?

追问: Compare convenience with learning quality.

04 · Read, Then Speak

Describe a teacher who helped you improve. What did this teacher do?

追问: Mention the teacher's method and your result.

05 · Read, Then Speak

Would you rather live in a big city or a small town as a student?

追问: Talk about study resources, cost, and daily life.

06 · Read, Then Speak

What is one habit that can make language learning more effective?

追问: Give a concrete habit and explain how often to do it.

07 · Read, Then Speak

Should students make a detailed plan before preparing for an exam?

追问: Explain how a plan can reduce stress or improve progress.

08 · Read, Then Speak

Describe a time when you had to solve a difficult problem.

追问: Use background, action, and result.

09 · Read, Then Speak

Do you think technology makes communication easier?

追问: Mention both convenience and possible problems.

10 · Read, Then Speak

What kind of place helps you study best?

追问: Describe the place and why it works for you.

11 · Read, Then Speak

Is it better to learn from mistakes or to avoid mistakes as much as possible?

追问: Give your opinion and one example.

12 · Read, Then Speak

What is one thing international students should prepare before going abroad?

追问: Explain why it matters and how to prepare it.

四、听题后表达

01 · Listen, Then Speak

A student says that joining clubs is the best way to make friends at university. Explain whether you agree.

追问: Summarize the idea first, then give your opinion.

02 · Listen, Then Speak

A teacher recommends reviewing notes every day instead of only before exams. Explain why this may help students.

追问: Mention memory, pressure, and study habits.

03 · Listen, Then Speak

A school wants to add more group projects to its courses. Explain one advantage and one possible problem.

追问: Balance both sides clearly.

04 · Listen, Then Speak

A city plans to build more public libraries. Explain how this could help local people.

追问: Talk about students, families, and community resources.

05 · Listen, Then Speak

A friend says that part-time jobs are useful for students. Explain your opinion.

追问: Mention time management and real-world experience.

06 · Listen, Then Speak

A speaker argues that people should spend less time on social media. Explain the main reason and your view.

追问: Use one personal or common example.

07 · Listen, Then Speak

A university plans to offer more online advising. Explain whether this would be useful for students.

追问: Consider convenience and communication quality.

08 · Listen, Then Speak

A student believes that feedback from teachers is more useful than grades. Explain your view.

追问: Compare feedback and scores.

五、Speaking Sample 练习题

01 · Speaking Sample

Talk about a goal you want to achieve in the next year.

追问: Explain why it matters and what steps you will take.

02 · Speaking Sample

Describe an important decision you made and what you learned from it.

追问: Use a clear beginning, middle, and end.

03 · Speaking Sample

What is one change that could make your school or community better?

追问: Explain the problem and your suggested solution.

04 · Speaking Sample

Talk about a book, movie, or course that changed your way of thinking.

追问: Mention what it was about and why it influenced you.

05 · Speaking Sample

Describe a person you respect and explain what you learned from them.

追问: Give specific qualities and examples.

06 · Speaking Sample

What is one tradition from your culture that you would introduce to foreign friends?

追问: Explain what people do and why it is meaningful.

07 · Speaking Sample

Talk about a time when teamwork helped you complete something.

追问: Mention your role and the final result.

08 · Speaking Sample

Do you think young people should travel more? Why or why not?

追问: Include learning, cost, and independence.

09 · Speaking Sample

What is one environmental problem that people should pay more attention to?

追问: Explain the problem and one practical action.

10 · Speaking Sample

Describe a useful app or website and explain how it helps people.

追问: Mention its function, users, and possible limitations.

六、录音复盘清单

结构

是否有开头、理由、例子和结尾? 是否一直围绕题目?

流利度

是否有 3 秒以上停顿? 是否大量重复 so, and, I think?

准确度

是否有明显时态、单复数、主谓一致错误? 是否能换成更简单说法?

整理说明: 本资料为多邻国口语题型风格练习素材, 用于题型熟悉、限时表达和录音复盘, 不直接搬运未经确认来源的整套试题。