

多邻国口语模板与表达框架

用于看题说话、听题说话、图片描述和 Speaking Sample。重点不是背一整段答案，而是把结构、理由和例子说清楚。

适用：口语全题型

结构：开头 + 理由 + 例子 + 总结

建议：每天录 6-8 题

整理说明：本资料统一为可直接练习的口语框架。学生可以先套框架说顺，再替换成自己的经历和细节。

一、口语评分关注点

ANSWER

回答完整

不要只说一句结论。至少说清楚观点、理由和一个具体细节。

LOGIC

结构清楚

用 First, Also, For example, Overall 这类连接词，让答案有顺序。

LANGUAGE

表达自然

优先使用自己能说顺的句型。卡住时换简单说法，不要长时间停顿。

DELIVERY

发音节奏

语速中等，重读关键词。长句按意群停顿，不要每个词都拖长。

二、六类常用口语框架

IMAGE

图片描述：从整体到细节

先说场景，再说人物动作、物品位置和可能发生的事情。

This picture shows ... In the foreground, ... In the background, ... It seems that ...

- The main focus of the picture is...
- On the left/right side, I can see...
- The people appear to be...
- The atmosphere feels calm / busy / cheerful.

OPINION

观点表达：选择 + 两个理由

适合问你喜欢什么、是否同意、哪种方式更好。

I would choose ... for two reasons. First, ... Second, ...

- From my point of view...
- The first reason is...
- Another important reason is...
- That is why I think...

EXPERIENCE

经历描述：背景 + 过程 + 收获

适合讲一次旅行、挑战、学习经历或重要决定。

One experience I remember was ... At first, ... Later, ... In the end, ...

- This happened when I was...
- At that time, I felt...
- The most difficult part was...
- I learned that...

CAMPUS

学习话题：问题 + 方法 + 结果

适合讨论课程、老师、学习习惯、考试准备和学校活动。

For students, ... can be useful because ... For example, ...

- It helps students to...
- A practical way to do this is...
- This can improve their confidence.
- It also saves time and reduces stress.

RETELL

读题/听题转述：抓主干

先复述题目里的核心信息，再补自己的判断，不要试图背完整原句。

The topic is about ... The speaker / passage mentions ... I think this is important because ...

- The main idea is that...
- One detail mentioned is...
- This suggests that...
- In my opinion, this issue is related to...

SAMPLE

Speaking Sample：完整但不拖沓

答案要像一段小演讲，有开头、展开和结尾。

I want to talk about ... There are several reasons why ... To give an example, ... Overall, ...

- I would like to discuss...
- This topic matters to me because...
- A good example is...
- Overall, I believe...

三、高频表达素材

开头表达

- I would like to talk about...
- The first thing that comes to mind is...
- In my opinion, this topic is important because...

补充理由

- This is useful because...
- Another reason is that...
- It can make people more confident / efficient / independent.

举例说明

- For example, when I was...
- A common situation is...
- This reminds me of a time when...

结尾收束

- Overall, I think this is a practical choice.
- That is the main reason why I prefer it.
- For these reasons, I believe it is worth trying.

四、主题素材扩展

STUDY

学习与考试

online courses, study plan, time management, feedback from teachers, exam confidence

TECHNOLOGY

科技与生活

mobile apps, online communication, digital learning, privacy, convenience

CITY

城市与社区

public transportation, parks, libraries, local events, community support

WORK

工作与合作

teamwork, responsibility, communication skills, problem solving, leadership

CULTURE

文化与旅行

local traditions, museums, food, language learning, cultural differences

ENVIRONMENT

环境与健康

recycling, outdoor activities, healthy habits, clean energy, public awareness

五、录音复盘表

复盘项	检查问题	下一次调整
内容	有没有观点、理由和例子？有没有跑题？	先列 3 个关键词再开口。
流利度	停顿是否太多？是否反复改口？	用简单句补上，不追求一次说复杂。
准确度	时态、单复数、主谓一致是否稳定？	把高频错句改成固定表达背熟。